SUGGESTED CAMERA SETTINGS

	FACIAL VIEW				INTRAORAL VIEW			
CAMERA / FLASH	ISO	FLASH	SPEED	F STOP	ISO	FLASH	SPEED	F STOP
CANON MACRO TWIN LITE MT-24EX	100	1.1	250 MAX	F16-11	200	1 . 1	250 MAX	F25-20
CANON MACRO RING LITE MR-24EX	100	1 . 1	250 MAX	F11-9	200	1 . 4	250 MAX	F25-19
NIKON R1C1	100	1.1	250 MAX	F13-11	200	1.4	250 MAX	F25-22
NIKON SB29s	100	1.1	250 MAX	F13-9.5	200	1 . 8	250 MAX	F29-22

CAMERA SPEED SHOULD BE AS MUCH AS THE FLASH ALLOWS

POSITION THE FLASH PERPENDICULAR TO THE LENS AXIS

ANGLE THE FLASH PARALLEL TO THE LENS

FOR ALL INTRAORAL SHOTS POSITION THE LENS AT AN ANGLE ABOVE THE FOCAL POINT THIS WILL REDUCE GLARE

THE CLOSER THE FOCAL POINT TO THE LENS THE HIGHER THE F-STOP
THIS ALLOWS FOR IMPROVED DEPTH OF FIELD